

## WHEN?

24/7

365 days a year

COME JOIN US AT THE LIVING ROOM TO DECOMPRESS!

## WHERE?

16514 S. 106th Ct.Orland Park, IL 60467708-981-3370

2000 Glenwood Ave

Joliet, IL. 60435

(779) 341-5090

www.trinityservices.org/
livingroom



Helping people with disabilities and mental illness flourish and live full and abundant lives



For English: (815) 409-7917 For Spanish: (815) 600-9406



## WHAT IS THE LIVING ROOM?

The Living Room is a free, home-like alternative to the emergency room. It gives people experiencing a crisis a safe, calm, and positive environment where they can receive comfort and support.

Our compassionate and knowledgeable team, composed of clinicians and trained Recovery Support Specialists with lived experience, are available to support adults and adolescents as young as 12 years old, both in-person and remotely by phone.





The Living Room offers guests a safe, comforting space with non-judgmental, empathetic support from people who understand the challenges of mental health and everyday stressors.

The Living Room connects people with the support and resources they need free of charge. It provides guests with a calm, nonclinical space to manage a crisis.

## WHO CAN VISIT THE LIVING ROOM?

Anyone 12 years of age or older who is experiencing a mental health crisis, is having a rough day or is in need of someone to talk to can visit the Living Room and benefit from its services.